SUBJECT: Physical Education			UNIT/PAGES	HOURS
TITLE: Personal Fitness for You			Chapters 1-3 pp. 2-53	30
STUDENT NAME:			Chapters 4-6 pp. 54-119	30
			Chapters 7-9 pp. 120-193	30
ASSIGNMENT: Complete both pages of Chapter Reviews at the end of each chapter.	**DATE STARTED**	**DATE COMPLETED**	**ATTENDANCE DAYS**	**GRADE**